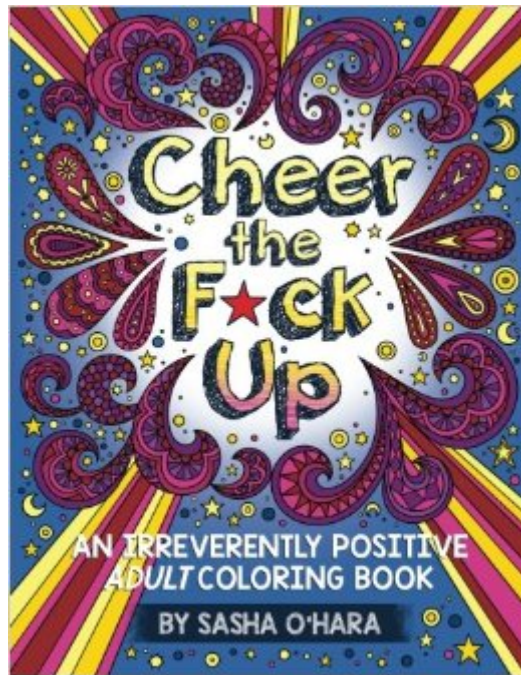


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# Cheer The F\*ck Up: An Irreverently Positive Adult Coloring Book (Irreverent Book Series) (Volume 3)



## Synopsis

From the creator of the Bestseller *Calm the F\*ck Down* Did anyone ever tell you it's not good to brag? Well f\*ck that! Give yourself a pat on the back. Own your own badass-ness. Tell the one you love how much you f\*cking love them, with a little sugar and snark. This irreverently positive coloring book will not only help you relax and unwind, it will leave you with a sense of â€ˆHell Yeah!â€™ after the world has tried to have its way with you. *Cheer the F\*ck Up* is perfect for you if you like your self-help with a bit of sass, and your affirmations with a little piss and vinegar. It's an inappropriately awesome way to color and express the things you can't say. Enjoy 37 beautiful and fun to color illustrations, ranging from simple to detailed in complexity. Images include mermaids, fairies, animals and abstract designs. Sayings include â€œDo No Harm. Take No Shitâ€™, â€œBite the Ass of Lifeâ€™, â€œLet's Get Weirdâ€™, â€œPeace and Quiet. I like that shit.â€™, â€œDon't Damage My Calmâ€™, and many more. For updates and free coloring page downloads visit [www.Sashaohara.com](http://www.Sashaohara.com)

## Book Information

Series: Irreverent Book Series

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Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â  See all reviewsÂ  (68 customer reviews)

Best Sellers Rank: #9,023 in Books (See Top 100 in Books) #15 inÂ  Books > Self-Help > Art Therapy & Relaxation #43 inÂ  Books > Self-Help > Stress Management #115 inÂ  Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups

## Customer Reviews

I love this book. I just got it in the mail and can not wait to color it tonight! The line work is great!!! Nice clean lines. Great designs. You'll love this book. It's so positive. Not a lot of sweary words which is also great!! I would also like to say that I got this wonderful book for a honest review. This is completely honest. I love it!! Also great for gifts and a great way to cheer someone up. ^

Don't let the the title fool you. This coloring book also has inspirational quotes in it. Sasha O'Hara out did herself with this one. It has some feel good pages and some funny pages and some pages that fits your bad moods.

I was a big fan of Sasha O'Hara's previous two coloring books, so I was very excited to get a chance at a sneak preview of some of the pages from the new book! I really enjoyed coloring the new designs. I have tried several 'adult' coloring books, and this series is my favorite. The designs are fun and while the language is fun and salty, it isn't cursing for shock value like some books. Coloring has become my therapy and Sasha's books play an important part in that. There was a typo in the first release of the book, which is what I received, but the author was quick to get out the corrected book to . She even took the time to send the corrected design to those that bought the first version. Very speedy resolution. I received a copy of this book in exchange for an HONEST review.

I just got this in the mail and I was anxiously waiting for it to finally get here!! This series by Sasha is AWESOME!!!! I love all the line work and some pages are more detailed than others and it is definitely a sassy and snarky positively positive book!! I recommend everyone should get it! Yes it has swear words in it but the way the words are used is completely cool and positive. If you need a pick me up at the end of the day grab this book and color, you won't be disappointed! The book is well made with medium weight paper and single sided, so if you color with the pages in the book I would suggest putting a couple pieces of paper behind the page you are coloring to prevent bleed through. I can't wait to start coloring pages from this book! I received this book for my honest review. Happy Coloring everyone and stay sassy! :-)

Just got this today and the pages are fabulous! I can't wait to get started, and this being a holiday weekend I may get more than 1 paged colored. I love how the art is different on all the pages, some have lots of space, others are cram packed. It's a nice mix to choose from depending on your mood. Yes, it's a sweary book, but sometimes you just have to express you real feelings! Coloring is a stress reducer for me, and the colorful language helps make the page mean something as I work on it.

What a wonderful book! I love how you are able to take your frustrations out on this book and turn them into something positive. It's a great tool for those who don't normally lash out. Lash out on the

pages. There are also some sassy pages that will make you giggle as you color! I received this book at a discount for my fair review!

This book gave me big smiles and some giggles when I first opened it and went through the pages. Some pages have swears, but not all of them. If you are in one of those moods where you could use a smile or cheering up, this is the book for you! I colored one page from the book partially to share on my review. You can see the type or sharpies I used. They do bleed through, so I recommend putting a paper behind the page you are coloring to prevent bleed through. The pages are not perforated, but can easily be removed with a box knife or exato knife. If swears offend you, please move on, but if you are okay with them, **YOU HAVE TO OWN THIS BOOK TOO!!!!!!**

I simply can not say enough good things about this amazing book! The line work and drawings in this book are delightful. Some of the pages have more detail than others so you can get as intricate as you want depending on your mood or skill. There is also a variety of things to color from mandalas to dolphins and frogs so you won't get bored with this book because no two pages are the same. The sayings in this book are positive and designed to lift someone's mood. The saying are uplifting with sass and a swear word sprinkled throughout. The paper is good and pencils blend well and markers don't bleed too bad. I hope you enjoy this book as much as I do and best of luck to Sasha in the future as she makes more amazing books! I did receive this book in return for an honest and unbiased review.

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